

YMCA POOL SCHEDULE



COMPETITION POOL

Schedule Begins Thursday, April 4th and is subject to change.

Participation in aqua fitness classes requires sign up. You can sign up using the Bloomington-Normal YMCA app and our website bnymca.org/schedules.

Lap Swim:
Members 13 years and older unless accompanied by an adult

Aqua Fitness Class:
Members 18 years and older for instructor led class.

See our Aqua Fitness Class schedule for more details about our classes .

Lane Changes:
Lanes for Lap Swim will be moved ten minutes prior to the start of all Aqua Fit classes.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5a-9:45a Lap Swim (all lanes)	5a-9a Lap Swim (all lanes)	5a-9:45a Lap Swim (all lanes)	5a-9a Lap Swim (all lanes)	5a-4:30p Lap Swim (all lanes)	6a-8a Lap Swim (all lanes)	6a-8a Lap Swim (all lanes)
	10a-10:45a Aqua Fit (5 lanes)	9a-10:45a Aqua Fit (5 lanes)	10a-10:45a Aqua Fit (5 lanes)	9a-10:45a Aqua Fit (5 lanes)		8a-10:45a Lap Swim (7 lanes)	8a-12p Lap Swim (7 lanes)
	11a-11:45a Aqua Fit (5 lanes)	11a-11:45a Aqua Fit (5 lanes)	11a-4:30p Lap Swim (all lanes)	11a-11:45a Aqua Fit (5 lanes)	8a-11a Swim School (1 lane)	8a-11a Swim School (1 lane)	8a-11a Swim School (1 lane)
	12p-4:30p Lap Swim (all lanes)	12p-4:30p Lap Swim (all lanes)		12p-4:30p Lap Swim (all lanes)			11a-11:45a Aqua Fit (5 lanes)
	430p-6p Swim team (5 lanes)	4:30p-6p Swim team (5 lanes)	4:30p-6p Swim team (5 lanes)	4:30p-6p Swim team (5 lanes)	4:30p-6p Swim team (5 lanes)	11a-11:45a Lap Swim (3 lanes)	12:15p-1p Lap Swim (3 lanes)
			430p-630p Lap Swim (3 lanes)			4:30p-630p Lap Swim (3 lanes)	430p-6p Lap Swim (3 lanes)
	430p-630p Lap Swim (3 lanes)	4:30p-6p Lap Swim (3 lanes)	6:30p-7p Lap Swim (2 lanes)	430p-6p Lap Swim (3 lanes)	4:30p-6p Lap Swim (3 lanes)	1p-7:30p Lap Swim (all lanes)	1p-3p Lap Swim (5 lanes)
	6:30p-7:30p Lap Swim (2 lanes)	345p-630p Swim School (1 lane)	345p-630p Swim School (1 lane)	345p-630p Swim School (1 lane)			6p-8:30p Lap Swim (all lanes)
		6:30p-7:15p Aqua Fit (5 lanes)	6:30p-7:15p Aqua Fit (5 lanes)	7p-7:45p Aqua Fit (4 lanes)	6:30p-7:15p Aqua Fit (5 lanes)	6p-8:30p Lap Swim (all lanes)	3p-7:30p Lap Swim (all lanes)
	6:30p-7:15p Lap Swim (3 lanes)	6:30p-7:15p Lap Swim (3 lanes)	7:45p-8:30p Lap Swim (all lanes)	6:30p-7:15p Lap Swim (3 lanes)			
	7:30p-8:30p Lap Swim (all lanes)	7:30p-8:30p Lap Swim (all lanes)		7:30p-8:30p Lap Swim (all lanes)			