



# YMCA POOL SCHEDULE

## REC/THERAPY POOL

Schedule Begins

Monday, November 20th and is subject to change.

**Participation in aquafitness classes requires sign up.** You can sign up using the Bloomington-Normal YMCA app and our website [bnymca.org/schedules](http://bnymca.org/schedules).

**Aqua Fitness Class:** Members 18 years and older for instructor led class. **The pool will be closed during Aqua Fit classes.** Please see our Aqua Fitness schedule for more details about our offerings.

**Open Swim:** Adults MUST be in the water at all times with children 15 and under who cannot pass a swim test and do not wear a life jacket

**Splash Pad:** The splash pad will be available during open swim only.

**Adult Swim:** Members must be 18 years and older.

**Swim School:** The Rec/Therapy Pool is closed during Swim School.

**School Break Day:** The Rec/Therapy Pool is closed from 12:30p - 1:30p on School Break Days. Please see [bnymca.org/school-break-day](http://bnymca.org/school-break-day) for upcoming offerings.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5a-7:45a Adult Swim	5a-7:45a Adult Swim	5a-7:45a Adult Swim	5a-7:45a Adult Swim	5a-7:45a Adult Swim	5a-7:45a Adult Swim	6a-8:15a Adult Swim	6a-9:15a Adult Swim
8a-8:45a Open Swim	8a-8:45a Aqua Fit	8a-8:45a Aqua Fit	8a-8:45a Open Swim	8a-8:45a Aqua Fit	8a-8:45a Open Swim	8:30a-11a Swim School	9:30a-12p Swim School
9a-9:45a Aqua Fit	8:45a-11a Open Swim	9a-9:45a Aqua Fit	8:45a-11a Open Swim	9a-9:45a Aqua Fit			
10a-10:45a Open Swim		10a-10:45a Open Swim		10a-10:45a Open Swim			
11a-12:15p Adult Swim	11a-11:45a Aqua Fit	11a-11:45a Aqua Fit	11a-12:15p Adult Swim	11a-11:45a Aqua Fit	11a-12:15p Adult Swim		
12:30p-1:30p Unit 5 Adaptive P.E.	12:30p-1:30p Unit 5 Adaptive P.E.	12:30p-1:30p Unit 5 Adaptive P.E.	12:30p-1:30p Unit 5 Adaptive P.E.	12:30p-1:30p Unit 5 Adaptive P.E.	12:30p-1:30p School Break Day	11:15a-7:30p Open Swim	12:15p-7:30p Open Swim
1:30p-5:45p Open Swim	1:30p-3:45p Open Swim	1:30p-3:45p Open Swim	1:30p-3:45p Open Swim	1:30p-3:45p Open Swim	1:30p-8:30p Open Swim		
6p-6:45p Aqua Fit	4p-6:30p Swim School	4p-6:30p Swim School	4p-6:30p Swim School	4p-6:30p Swim School			
7p-8:30p Open Swim	6:45p-8:30p Open Swim	6:45p-8:30p Open Swim	6:30p-8:30p Open Swim	6:45p-8:30p Open Swim			

