

YMCA POOL SCHEDULE



REC/THERAPY POOL

Schedule Begins

Wednesday,
March 1st and
is subject to
change.

Participation in aqua fitness classes requires sign up. You can sign up using the Bloomington-Normal YMCA app and our website bnymca.org/schedules.

Aqua Fitness Class: Members 18 years and older for instructor led class. See our Aqua Fitness Class schedule for more details about our classes

Open Swim: Adults MUST be in the water at all times with children 15 and under who cannot pass a swim test and do not wear a life jacket

Splash Pad: The splash pad will be available during open swim only.

Adult Swim: Members must be 18 years and older.

Swim School: The Rec/Therapy Pool is closed during Swim School.

Aquatics Inservice: The pool will close at 5 p.m. on Sunday, March 19th for an Aquatics inservice.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5a-7:45a Adult Swim	5a-7:45a Adult Swim	5a-7:45a Adult Swim	5a-7:45a Adult Swim	5a-7:45a Adult Swim	5a-7:45a Adult Swim	6a-8:15a Adult Swim	6a-9:15a Adult Swim
8a-8:45a Open Swim	8a-8:45a Open Swim	8a-8:45a Aqua Fit	8a-8:45a Open Swim	8a-8:45a Aqua Fit	8a-8:45a Open Swim	830a-11a Swim School	9:30a-12p Swim School
9a-9:45a Aqua Fit	9a-10:45a Open Swim	9a-9:45a Aqua Fit	9a-10:45a Open Swim	9a-9:45a Aqua Fit			
10a-10:45a Open Swim		10a-10:45a Open Swim		10a-10:45a Open Swim			
11a-12:15p Adult Swim	11a-11:45p Aqua Fit	11a-12:15p Adult Swim	11a-11:45p Aqua Fit	11a-12:15p Adult Swim			
12:30p-1:30p Unit 5 Swim	12:30p-1:30p Unit 5 Swim	12:30p-3:45p Open Swim	12:30p-1:30p Unit 5 Swim	12:30p-8:30p Open Swim	11:15a-7:30p Open Swim	12:15p-7:30p Open Swim	
1:45p-5:45p Open Swim	1:45p-3:45p Open Swim		1:45p-3:45p Open Swim				
	4p-6:30p Swim School	4p-6:30p Swim School	4p-6:30p Swim School				
6p-6:45p Aqua Fit		630-7:15p Aqua Fit					
7p-8:30p Open Swim	6:45p-8:30p Open Swim	730p-8:30p Open Swim	6:45p-8:30p Open Swim				

