

Adult Doubles Pickleball League Rules

Games per Match:

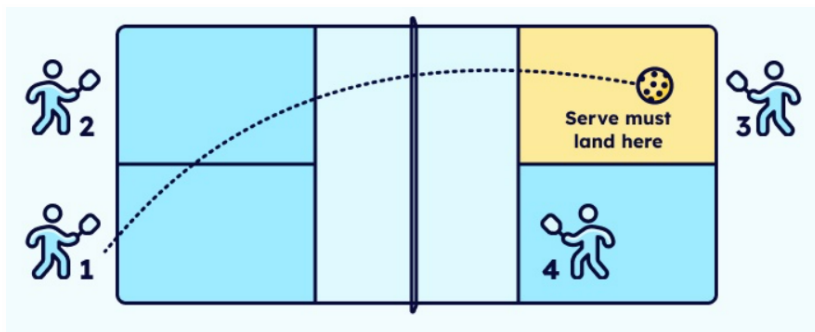
- A match is considered as the best two out of three games series.
- **First team to 11 points wins, games must be won by two or more points**
 - We will cap our scores at whichever team scores 15 points first in order to keep our play within a reasonable time table.
 - No timeouts will be given to any players during the play of the games, unless medical attention is to be administered and stop of play is needed.

Our Levels of Play System (*Pickle Rating System- Uses a number rating scale to identify participants level of playing skill):

- **Beginner and Advanced Beginner** (1.0 to 3.0 Skill Rating)- Player is just starting to play pickleball and/or has limited experience. This level of play includes still learning how to control shots and continuing to learn the fundamentals of the sport.
- **Intermediate** (3.5 to 4.0 Skill Rating)- Player has played pickleball before and can hit all types of shots at a higher level. Consistent with their level of play and can compete with others that know the strategies behind the sport.

Types of pickleball shots:

- **Groundstrokes**- shots that are hit off the bounce.
- **Volleys**- shots that are hit out of the air.
- **Each point begins with a serve**
 - The player on the right side of the court, facing their opponents, starts the serve. You serve diagonally to your opponent, into the right or left service area. The serve must clear the non-volley zone or kitchen (including the line) in order to count.

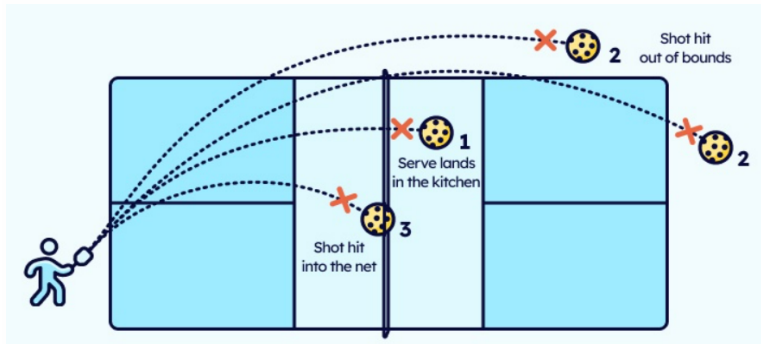


- **Your serve must be underhand**

- Serve must be hit with an underhand stroke with contact with the ball happening below the waist. The ball can be hit out of the air or you can drop the ball on the ground and hit it.
- Both the serve and return of the serve must bounce in order for play to continue, after this two bounce rule players can then volley the pickleball.

- **Each point will continue until a fault is made**

- Three types of faults
 - The shot doesn't clear the kitchen (including the line).
 - A shot is hit out of bounds, landing behind the baseline or outside the sideline.
 - A shot is hit into the net



- **You cannot volley while standing in the kitchen or non-volley zone**

- The 7 ft zone on each side marks the non-volley zone or kitchen.
- This means you can never hit a volley while having any part of your body in the Kitchen. Or even on the Kitchen line. And you can't let your momentum carry you into the kitchen after a volley either.



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- **You can hit groundstrokes in the kitchen**
 - If your opponent hits a short shot that bounces in the kitchen (non-volley zone) you can enter the kitchen to return the hit.

- **You only win points on your serve**
 - In Pickleball, you only win points on your serve, and you continue serving until you lose a point. After winning each point on your serve, you switch sides with your partner and serve to the other opponent.

- **Both partners will serve in a turn**
 - In each turn, both players (in doubles) get the opportunity to serve. And in pickleball scoring, you'll hear players announce three numbers ex: 0-0-1
 - The third number tracks which of the two players on a team has the serve.
 - If you start the serve (from the right side remember), you'll announce "**Your Score-The Opponents Score-1**", so everyone knows you are the first player in rotation serving.
 - If you lose the point, the ball doesn't go to your opponents. It goes to your teammate who will announce "**Your Score-The Opponents Score-2.**"
 - Then if your partner loses their serve, the ball goes back to your opponents who will start the process over again.
 - **Important information- when starting a game you always start at position 2, meaning the first team to have the ball will only have one serve on their first turn. This is to not give the first team with the ball an unfair advantage.**

- **Quality of Play**
 - No objective language is to be used at any time during the playing of games.
 - Aggressively throwing a paddle on the ground in frustration is not allowed in any circumstances during the play of a game.
 - Making a threat to other players will not be tolerated.
 - **Furthermore, any of these actions could result in a verbal warning or a participant being immediately asked to leave the court which they are playing on. Where this could result in being asked to no longer be a part of the league we are conducting anymore.**