



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

BLOOMINGTON-NORMAL YMCA 2022 CAMP SPARROW SUMMER CAMP PARENT HANDBOOK

About the YMCA: The YMCA is for youth development, for healthy living, for social responsibility and is here to make the world a better place. We offer a wide range of programs that develop self-confidence, good sportsmanship, character development, fine motor skills and many other assets children need to become successful individuals. (Our facility and program are DCFS license exempt.)

YMCA Mission Statement: “To put Christian principles into practice through programs, services, and relationships that build healthy spirit, mind and body for all.”

About Camp Sparrow: Camp Sparrow is a Summer Camp Program that is centered around making a difference in the lives of the youth we serve. With our mission statement at hand, we choose to teach and practice our four core values:

Caring Honesty Respect Responsibility

It is our commitment to these values and our mission that helps better each child that attends the programs the YMCA has to offer. Camp Sparrow strives to provide challenging activities in both small and large group settings under the guidance of well-trained camp directors and counselors. The YMCA has been responsible for developing strong leaders in children’s camping experiences for more than 150 years. Our purpose is to continue this hallowed tradition by providing the best possible camping experience for all children in the Bloomington-Normal community and surrounding areas. At Camp Sparrow every child has a name, a voice and an amazing opportunity to be strong and free.

Session & Hours: “Official” camp hours are 8:30am to 4:00pm Monday-Friday. On field trip days, we may not have a return scheduled until 4pm.

Before & After Camp Child Care: Child care is provided at the camp location before camp begins from 7:00- 8:30am and after camp ends from 4:00-5:30pm at no additional charge. This service is provided for the convenience of working parents.

Summer Camp Ages: Children who have attended kindergarten through 6th grade may attend Traditional Elementary Camp at our Northpoint Elementary Location and West/Central Bloomington location. Youth entering 7th through 9th grade may attend Teen Camp at our Northpoint location.

Camp Locations: The 2022 Bloomington-Normal YMCA Camp Sparrow Summer Camp will be offered at 2 locations. Northpoint Elementary School, located at 2602 East College Avenue in Bloomington, and Parkside Elementary School, located at 1900 W College Avenue in Normal IL. Both locations have limited spots available and are open on a first come first serve basis.

Inclement Weather: Camp Sparrow strives to have campers outside, enjoying nature most of the time. In the case of inclement weather, students will be ushered inside. Please read the Camp Newsletter released in early May to learn more about the Inclement Weather location for your Camp Sparrow location.

Drop-off & Pick-up Procedures: Parents/guardians or other authorized adults are required to personally sign Elementary Campers and Teen Campers in and out each day upon arrival and departure. A valid photo ID must be shown every time a child is picked up from the site. In order to add an authorized pick up person to your child's record, please let a camp director know or e-mail the Director of Youth Development.

A \$1.00/per minute late fee will be assessed per child after 5:30 PM. The time used to assess late fees will be the clock on the cell phone of the staff at the site. This fee is to be paid by the end of the week before the child attends the following week. Staff will attempt to call the emergency number on your file if your child is not picked up by closing time. If no one can be contacted within 30 minutes and no parental/guardian communication has occurred, the staff is required to notify the local police department and place the child in their care.

Camp Dates: Camp will begin June 6, 2022 and end August 12, 2022.

Registration Fee:

Early Registration: Feb 1st \$55

After April 30th: \$65

Use promo code campsparrow22 for free registration!

Weekly Rates:

When registering for camp, you are registering for the full 10 weeks of camp. You will pay the weekly rate you signed up for every Wednesday (the week before). You will get one "free" week for vacation, other camps, etc...

Traditional Camp

3 Day Option - \$115 Member/\$287.50 Non-Member

5 Day Option - \$180 Members/\$350 Non-Member

Teen Camp:

3 Day Option - \$125 Members/ \$300 Non-Member

5 Day Option - \$200 Member/ \$375 Non-Member

What to Bring Each Day:

-Sunscreen!

* Please apply prior to drop off. Each camper is responsible for their own sunscreen and application. Sunscreen will not be applied by camp staff unless permission has been granted at registration.

-Backpack

-Extra change of clothes

-Swim clothes and towel every day!

-A lunch (Morning and afternoon snack will be provided at both locations)

-A water bottle

-A mask for when indoors

-A GREAT ATTITUDE!

***Please label all personal belongings with first and last name in permanent marker

What to Wear:

- Sunscreen already applied before drop off
- Clothes and shoes that can get dirty
- Swim clothes on swim mornings
 - * Trunks that stay up for boys
 - * Tankinis and one piece swimsuits for girls. Please no bikinis.
 - *Please have campers already wearing swimwear when they are dropped off at the YMCA on swim mornings, with cover-ups/shirts over
- Close toed shoes are required daily. No sandals will be allowed.
- Hats may be worn and are recommended for sun protection.
- A SMILE!

Snacks: All camp participants will receive a morning and afternoon snack. The YMCA will serve peanut-free snacks to those with peanut allergies. If your child has any food restrictions or allergies, please indicate this information on the medical section of your child's registration form. If your child chooses not to eat the snack of the day, no other snack will be offered.

Personal Belongings: Remember to label ALL items brought to Summer Camp. Encourage your child to be responsible with personal belongings. The YMCA cannot be responsible for lost items. We suggest leaving all personal items at home.

The following is a list of items NOT to be brought to the program:

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| • All Toys (Pokemon Cards!) | • Video Games/Cell | • Stuffed animals |
| • Gum | Phones/Electronics/tablets/ | • Money |
| • Jewelry | Smart- watches | • Any type of weapon |

If these items are brought to the program they may be confiscated and returned to the parent at the end of the day. Disciplinary action may be taken.

Camp Sparrow activities include but are not limited to the following:

- Character development
- Singing -Stories
- Fitness
- Art
- Team building
- Games
- Swimming
- Field Trips
- Talent shows
- Special Events
- Team games
- Sports
- Movies

Covid Policy:

<p>Any staff or student who tests positive to COVID-19 must STAY HOME, inform the Director of Youth Development, and wait to hear further instructions.</p> <p>Any staff or student who is unvaccinated and has been in close contact to a person who has tested positive for COVID-19 must STAY HOME FROM CAMP FOR 5 DAYS, inform the Director of Youth Development, and wait to hear further instructions.</p>	<p>Exempt from Quarantine:</p> <ul style="list-style-type: none"> *Students/staff who are age 18+, fully vaccinated, and boosted if eligible *Students/staff who are age 5-17 and fully vaccinated *Students/staff at any age who are within 90 days of positive test <p>Quarantine for 5 days:</p> <ul style="list-style-type: none"> *Students/staff who are not vaccinated *Students/staff who are 18+, fully vaccinated but no booster
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<p>Staff and Student's parent/guardian must monitor DAILY that they are symptom/exposure-free BEFORE coming to camp.</p> <p>DAILY SYMPTOM/EXPOSURE MONITORING</p> <p>Symptoms: Do you have any of the following symptoms?</p> <ul style="list-style-type: none"> * Fever of 100.0° Fahrenheit or higher or chills * New cough * Shortness of breath * Fatigue from unknown cause * Muscle or body aches from unknown cause * New onset of moderate to severe headache * Sore throat * New loss of sense of taste or smell * Vomiting or diarrhea * Congestion or runny nose <p>Close Contact/Potential Exposure: IDPH definition of close contact:</p> <ul style="list-style-type: none"> *Student to student: within 3 feet (inside) or within 6 feet (outside) of an infected person for a cumulative total of 15 minutes or more over a 24 hour period, starting 2 days before the positive case's symptoms or, for asymptomatic positive cases, 2 days prior to the date of the test, until the time the positive case is isolated. *Student to staff: within 6 feet for > 15 minutes in all settings during the contagious period. 	<p>If a staff/student has any symptom of COVID-19, they must stay home from camp.</p> <p>A COVID-19 test is strongly recommended before a symptomatic person returns to camp. If the test is positive for COVID-19, the person will be excluded from camp for 5 days.</p>
<p>Person has returned from a location with sustained widespread community transmission per CDC's travel advisory, such as international travel, but potentially including areas located within the United States.</p>	<p>Per CDC Recommendations</p>

48 Hour Policy - Sudden Illness (non-Covid related): A sick child is to be kept at home for his/her own

sake and that of others. Many communicable diseases begin with cold-like symptoms. A child is considered ill when he/she is experiencing any of the following symptoms:

- * An elevated temperature of 100 degrees or higher
- * Vomiting
- * An unidentified or contagious rash
- * Ringworm
- * Weep & red eyes (sign of conjunctivitis, pink eye, which is very contagious).
- * Excessive cough and/or nasal discharge (any green mucus)
- * Lice
- * Any other symptoms that prevent your child from participating in the day's activities.

If a child becomes ill while in our care, a staff member will contact the parents and request that the child is picked up immediately. Until the sick child is picked up, the child will be removed from all other program participants to ensure their health and well-being. Siblings/those who live in the same house will be sent home as well.

A child may return to camp when:

- * His/her temperature has been normal for 48 - 72 HOURS without Tylenol, aspirin or substitutes. *
- He/she has been diagnosed as having a bacterial infection and has been on antibiotics for 48 HOURS.
- * It has been 48 -72 HOURS since the last episode of vomiting or diarrhea without medicine. * Eyes are no longer discharging. If pink eye is suspected, continued treatment with antibiotics must have occurred for at least 48 HOURS.
- * The rash has subsided or the doctor has determined that the rash is not contagious.
- * In case of lice, children must be completely free of nits and lice to return. Summer Camp has a nit-free policy. Staff will conduct head checks on all children returning from a bout of head lice before the child may re-enter camp.

Please inform the Director of Youth Development and/or the Camp Director about the nature of any illness. If your child has a communicable disease, please inform staff when it first appeared. To return to camp, a doctor's release stating that your child is no longer contagious must be shown.

Accidents & Injuries: If your child is injured at Summer Camp, staff will take necessary steps to obtain emergency medical care. These steps will include but are not limited to the following:

1. Attempts to contact parent/guardian.
2. Attempts to contact parent/guardian through persons listed on emergency information record. If parental/guardian contact cannot be made, we will do any or all the following:
 1. Call 911
 2. Administer CPR and/or first aid if needed.

IEP & 504 Plans: In order to best serve all children, if your child has special needs, an IEP or 504 plan, this information must be submitted before your child begins camp to help us assess and staff for any special needs that might be required. Please contact the Director of Youth Development if you have questions about camp and accommodating your child.

Camp Expectations:

- Be respectful. Follow directions. Keep hands and feet to yourself. Respect staff, others and their property.
- Be responsible. Stay in assigned areas with a staff person at all times. Walk and talk quietly when inside.
- Be honest.
- Be caring. Use good manners at all times using appropriate language and actions. Violent games, toys and play are not allowed.

Parent/Guardian Expectations: As a Camp Sparrow parent/guardian, you are expected to show respect, responsibility, caring, and honesty when interacting with camp directors and other Camp Sparrow staff. You are expected to send your camper prepared for camp. Firearms are prohibited at any YMCA camp site.

Behavior Management: Praise and recognition of good behavior will be utilized throughout each camp day. Staff will help children choose appropriate behavior when needed and use positive reinforcement as a continual behavior management strategy. Y Bucks will be used as a recognition of positive behavior for students and shared with parents at pick-up. If a student is not upholding our Y Core Values or putting themselves, or others in danger, they are at risk of suspension.

Staffing: Camp staff consists of positive role models dedicated to partnering with parents and teachers to further develop the youth in our program. All Y staff members pass background checks and go through extensive training on Youth Development. We firmly believe that our staff is the best of the best. All staff are trained and certified in CPR, First Aid and Child Abuse Prevention. Our staff is experienced in working with children to have fun, be safe and develop in spirit, mind and body.

Discipline: When behavior is severe or deemed dangerous to the child or others, parents will be contacted immediately to pick up their child. Failure to pick your child up in a timely manner may result in suspension or expulsion from the program. At any time, the Bloomington-Normal YMCA may waive the disciplinary procedure and reserves the right to discharge any student without notice for misconduct without refund. White slips and incident reports may be used to document behavior and inform parents of camper behavior.

Medication Distribution: If your child must take medication while he or she is at camp, you must sign the medication in with the Camp Director. All medications must be in the original container labeled with the child's name and specific dosage instructions. Parents must also sign an Authorization to Administer Medication Form. Campers are not permitted to carry medications at camp at any time.

Financial Support: It is our goal to ensure that no one is denied services due to an inability to pay. Therefore, we offer options for financial support to those who qualify. One option for financial support is provided by the Child Care Resource and Referral Network (309-828-1892). Upon approval, your family will be assigned monthly co-pays by the CCRRN to be paid to the YMCA. Applications for the CCRRN are available in their office at 207 West Jefferson in Bloomington.

If your family does not qualify for the CCRRN, they can apply for financial support through the Bloomington Normal YMCA. Financial support is determined on a sliding fee scale. Applications for financial support through the Y are available at www.bnymca.org.

Scholarship dollars are provided by generous donors contributing to our annual Strong Kids campaign. If you would like to help the Y fulfill its mission by supporting our Strong Kids campaign, please contact the YMCA at (309) 827-6233 for more information.

Questions & Concerns:

Questions and concerns may be directed to Rylie Albers, Director of Youth Development.

P: 309-827-6233

E: youthdevelopment@bnymca.org