



# Pool Schedule

Effective January 10th, 2022

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 - 8:45 Lap Swim	5:00 - 7:45 Lap Swim	5:00 - 8:45 Lap Swim	5:00 - 7:45 Lap Swim	5:00 - 8:45 Lap Swim	6:00 - 7:45 Lap Swim	9:00 - 10:15 Lap Swim
9:00 - 9:45 Aqua Fit	8:00 - 8:45 Aqua Fit	9:00 - 9:45 Aqua Fit	8:00 - 8:45 Aqua Fit	9:00 - 9:45 Aqua Fit	8:00 - 8:45 Aqua Fit	10:30 - 12:30 Swim Lessons
10:00 - 10:45 Aqua Fit	9:00 - 11:00 Lap/Open Swim	10:00 - 10:45 Aqua Fit	9:00 - 11:00 Lap/Open Swim	10:00 - 4:00 Lap/Open Swim	9:00 - 11:45 Swim Lessons	12:30 - 1:30 Lap/Open Swim
11:00 - 4:00 Lap/Open Swim	11:00 - 11:45 Aqua Fit	11:00 - 4:00 Lap/Open Swim	11:00 - 11:45 Aqua Fit	4:00 - 6:30 WAVES	12:00 - 1:00 Lap/Open Swim	
4:00 - 6:30 WAVES	12:00 - 2:45 Lap/Open Swim	4:00 - 6:30 WAVES	12:00 - 2:45 Lap/Open Swim	6:30 - 8:30 Lap/Open Swim	1:00 - 3:30 WAVES	
6:30 - 8:30 Lap/Open Swim	3:00 - 5:00 Swim Lessons	6:30 - 8:30 Lap/Open Swim	3:00 - 5:00 Swim Lessons		3:45 - 5:30 Lap/Open Swim	
	5:00 - 7:30 WAVES		5:00 - 7:30 WAVES		<b>Lap Swim:</b> Members 13 years and older unless accompanied by an adult.	
	7:30 - 8:30 Lap/Open Swim		7:30 - 8:30 Lap/Open Swim		<b>Open Swim:</b> Adults MUST be in the water at all times with children 7 & under or kids 8 and older who cannot pass a swim test.	
					<b>Aqua Fitness Class:</b> Members 18 years and older for instructor led class	

**Lanes must be shared when the pool is busy!**