

LAP SWIM and OPEN SWIM schedule

Fall 2017 Effective 8/16/2017 to 12/31/2017

BLOOMINGTON-NORMAL YMCA



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
POOL USE RULES	5:00-7:55a Lap (6 lanes)	5:00-7:55a Lap (6 lanes)	5:00-7:55a Lap (6 lanes)	5:00-7:55a Lap (6 lanes)	5:00-7:55a Lap (6 lanes)	6:00-6:55a Lap (6 lanes)	
Pool Schedule is subject to change	8:00-8:45a Lap (2 lanes)	8:00-8:45a Lap (2 lanes)	8:00-8:45a Lap (2 lanes)	8:00-8:45a Lap (2 lanes)	8:00-8:45a Lap (2 lanes)	10:05a-1:00p Lap (4 lanes) Open (2 lanes)	10:00a-1:00p Lap (6 lanes)
Swimming in the deep end (5ft-10ft) is limited to those who can pass the required swim test (swim one length of the pool and 60" tread water)	8:45-11:00a Lap (1 lane)	8:45-11:00a Lap (4 lanes) Open (2 lanes)	8:45-11:00a Lap (1 lane)	8:45-11:00a Lap (4 lanes) Open (2 lanes)	9:00-11:00a Lap (1 lane)	1:05-7:30p* Lap (3 lanes) Open (3 lanes)	1:05-5:30p Lap (3 lanes) Open (3 lanes)
Children age 3 and younger are required to wear waterproof diapers when in the pool.	11:05a-12:25p Lap (6 lanes)	11:00-11:55a Lap (6 lanes)	11:05a-12:25p Lap (6 lanes)	11:00-11:55a Lap (6 lanes)	11:05a-12:55p Lap (6 lanes)	----- *Aug 19-Dec 30 Saturdays Pool close 5:30p *Jan 6-Mar 24 Saturdays Pool close 7:30p	-----
Lap Lane Use of lap lane is for swimming - in horizontal body position - from one end to the other.	12:25-1:15p Lap (2 lanes)	12:00-1:30p Lap (2 lanes)	12:25-1:15p Lap (2 lanes)	12:00-1:30p Lap (2 lanes)	12:55-1:30p Lap (2 lanes)		
	1:20-3:55p Lap (4 lanes) Open (2 lanes)	1:35-3:55p Lap (4 lanes) Open (2 lanes)	1:20-3:55p Lap (4 lanes) Open (2 lanes)	1:35-3:55p Lap (4 lanes) Open (2 lanes)	1:35-2:00p Lap (2 lanes) Open (4 lanes)		
	5:00-6:30p Flex Lane (1)	4:00-4:30p Lap (5 lanes)	5:00-6:30p Flex Lane (1)	4:00-4:30p Lap (5 lanes)	2:00-4:00p To Feb 3 Lap (4 lanes) Open (2 lanes) Resumes From Apr 28		
	7:00-7:30p Lap (2 lanes)	4:30-6:00p Flex Lane (1)	7:00-7:30p Lap (2 lanes)	4:30-6:00p Flex Lane (1)	7:05-8:30p Lap (4 lanes) Open (2 lanes)		
		6:00-7:00p Lap (2 lanes)		6:00-7:00p Lap (2 lanes)			

Lap Lane
Swimmers may need to circle swim with other Lap Swimmers.

Lap Lane swim (when offered) during Waves practices is available to non-competitive and adult fitness swimmers only.

Window will remain OPEN at Waves coach discretion during Waves practices. LAP LANE follows this policy during Waves practices.

[Exception: during 7-8:30p Waves practices, window is at Learn to Swim supervisor discretion.]

Learn to Swim School 2017 sessions:
Fall I & II
 Mon, Aug 21-Fri, Sep 29
 Mon, Oct 9-Fri, Nov 17
Holiday mini
 Mon, Nov 27-Fri, Dec 15

Swim Meets
 Sat, Nov 11, 11a-4:30p
 Sat, Dec 16, all day
 Sun, Jan 27, 11a-4:30p
Pool will be closed during hours indicated

BLOOMINGTON-NORMAL YMCA
 602 S. Main St.
 Bloomington, IL 61701
 309-827-6233
www.bnymca.org