

# LAP SWIM and OPEN SWIM schedule

Summer 2017 Effective 6/5/2017 to 8/13/2017

## BLOOMINGTON-NORMAL YMCA



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>POOL USE RULES</b>	5:00-7:55a Lap (6 lanes)	5:00-7:55a Lap (6 lanes)	5:00-7:55a Lap (6 lanes)	5:00-7:55a Lap (6 lanes)	5:00-7:55a Lap (6 lanes)	6:00-6:55a Lap (6 lanes)	
<b>Pool Schedule is subject to change</b>	8:00-8:45a Lap (2 lanes)	8:00-8:45a Lap (2 lanes)	8:00-8:45a Lap (2 lanes)	8:00-8:45a Lap (2 lanes)	8:00-8:45a Lap (2 lanes)	9:05a-1:00p Lap (4 lanes) Open (2 lanes)	10:00a-1:00p Lap (6 lanes)
<b>Swimming in the deep end</b> (5ft-10ft) is limited to those who can pass the required swim test (swim one length of the pool and 60" tread water)	8:45-11:00a Lap (1 lane)	11:05-11:55a Lap (4 lanes) Open (2 lanes)	8:45-11:00a Lap (1 lane)	8:50-11:55a Lap (4 lanes) Open (2 lanes)	9:00-11:00a Lap (1 lane)	1:05-5:30p Lap (3 lanes) Open (3 lanes)	1:05-5:30p Lap (3 lanes) Open (3 lanes)
	11:05a-1:00p Lap (6 lanes)	12:00-12:45p Lap (2 lanes)	11:05a-1:00p Lap (6 lanes)	12:00-12:45p Lap (2 lanes)	11:05a-1:00p Lap (6 lanes)	-----	-----
	1:05-2:25p Lap (4 lanes) Open (2 lanes)	12:30-1:30p Lap (4 lanes) Open (2 lanes)	1:05-2:25p Lap (4 lanes) Open (2 lanes)	12:50-2:25p Lap (4 lanes) Open (2 lanes)	1:05-2:25p Lap (4 lanes) Open (2 lanes)		
	5:30-6:40p Lap (2 lanes)	1:30-2:00p Lap (4 lanes)	5:30-6:40p Lap (2 lanes)	6:40-7:00p Lap (2 lanes)	4:30-5:30p Lap (1)		
<b>Children age 3 and younger</b> are required to wear waterproof diapers when in the pool.	6:40-7:00p Lap (1 lane)	2:00-2:25p Lap (6 lanes)	6:40-7:00p Lap (1 lane)	7:00-8:30p Lap (4 lanes) Open (2 lanes)	5:35-6:05p Lap (3 lanes)		
	7:00-7:30p Lap (3 lanes)	6:05-6:40p Lap (2 lanes)	7:00-7:30p Lap (3 lanes)		6:10-6:40p Lap (5 lanes)		
<b>Lap Lane</b> Use of lap lane is for swimming - in horizontal body position - from one end to the other.	7:30-8:30p Lap (4 lanes) Open (2 lanes)	6:40-7:00p Lap (2 lanes) Open (2 lanes)	7:30-8:30p Lap (4 lanes) Open (2 lanes)		6:45-8:30p Lap (4 lanes) Open (2 lanes)		
		7:00-8:30p Lap (4 lanes) Open (2 lanes)					

**Lap Lane**  
Swimmers may need to **circle swim** with other Lap Swimmers.

**Lap Lane swim** (when offered) **during Waves practices** is available to non-competitive and adult fitness swimmers only.

**Window will remain OPEN at Waves coach discretion** during Waves practices. LAP LANE follows this policy during Waves practices.

[Exception: during 5:30-7p Waves practices, window is at Learn to Swim supervisor discretion.]

**Safety Around Water**  
Mon, Jun 5-Thu, Jun 8

**Learn to Swim school Summer I & II**  
Mon, Jun 12-Fri, Jun 30  
Mon, Jul 10-Fri, Jul 28  
**Fall I & II**  
Mon, Aug 21-Fri, Sep 29  
Mon, Oct 9-Fri, Nov 17  
**Holiday mini**  
Mon, Nov 27-Fri, Dec 15

**Lifeguard Classes Red Cross Certification**  
1 class offered, meets 4x June 6-9 (M,T,W,Th)  
*Class will occupy some lap/open lanes as needed for classes.*

**Pool Closure Annual Maintenance**  
Sat, Jul 30-Sat, Aug 5  
Reopens Sun, Aug 6

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