



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# YOUTH EXERGAMING ZONE

by  
**O'BRIEN**  
**MITSUBISHI OF NORMAL**



The YMCA Youth Exergaming Zone is a space dedicated to the young members in the YMCA. It is designed with the idea to keep kids moving. Exergaming is a combination of video games and physical movement that will challenge your body. Exergaming lets kids be physically active while playing video games like iDance , Eye Play, and X-Box Kinect.

The **EyePlay** Exergame Surface is an interactive video game which is projected onto the floor and allows multiple people to interact with it at the same time. With a wide range of games, kids and adults can be entertained for hours while running and jumping around. EyePlay is sure to bring smiles to everyone who uses it along with an elevated heart rate!

**iDance** is a fun and challenging group exercise dance game of visual perception and physical skill. It is simple to learn, exciting to play and offers a wide range of levels to take on and master. With over 100 songs, the fun is never ending.

**Kinect** for Xbox 360 brings games and entertainment to life in extraordinary new ways with no controller required. Simply step in front of the sensor and Kinect recognizes you and responds to your gestures. Connecting in a whole new way is as easy as a wave of your hand. Kinect removes the last barrier between you and the experiences you love.

The **Traversing Wall** is climbed horizontally, not vertically. The wall is 8' high and 30 feet long. The fun and challenge of a Traverse Wall is making it from one side to the other, rather than to the top. Kids are never more than a few feet off the floor as they traverse, or climb across, the wall. No ropes or harnesses or experience are needed.

**Ages:** AGES 8 - 15

**Hours:** Tuesday & Thursday 5PM-7PM